



Pilates of Palm Beach  
 3100 S Congress Ave #4, Boynton Beach, FL 33426  
 561-244-5566

## Group Class Schedule July & August 2010

*\*All Group Apparatus Classes Include Reformer, Tower, & Mat Work \**

	Mon	Tue	Wed	Thu	Fri	Sat
<b>8</b> :30 AM		Beginner Group Apparatus (Juliana)		Beginner Group Apparatus (Juliana)		
<b>9</b> :30 AM		Intermediate Group Apparatus (Erin)	Intermediate Group Apparatus (Erin)	Intermediate Group Apparatus (Erin)		Open Level Group Apparatus (Erin)
<b>10</b> :30 AM	Open Level Group Mat/Stretch (Florencia)				Open Level Group Mat/Stretch (Florencia)	Open Level Group Apparatus (Erin)
<b>11</b> :30 AM		Beginner Group Apparatus (Jill)		Beginner Group Apparatus (Jill)		
<b>5</b> :30 PM	Open Level Group Apparatus (Erin)		Open Level Group Apparatus (CJ)			
<b>6</b> :30 PM	Jumpboard 30 Min - \$15	Intermediate Group Apparatus (CJ)	Intermediate Group Apparatus (CJ)	Intermediate Group Apparatus (Erin)		